



‘We don’t need a handful of people doing zero waste perfectly. We need millions of people doing it imperfectly’

Anne-Marie Bonneau
Zero Waste Chef



VIRESCENT
LEARNING



1

Calculate your individual footprint

Add your footprints together to form a group total. This will be your group ‘baseline’.

2

Discuss what your individual footprints show

Be open, and share with each other what your footprints show, where are your highest emissions? Is it something you can change?

3

Pick one action that you could change

Individually, choose **one action** that you could implement. This must be a realistic and achievable change for you to make.

4

Re-calculate your new individual footprint

Add your footprints together to form a new group total. Be ready to share with us both of your group footprints, your first baseline, and your new minimum standard. Let’s see who has reduced the most.