

Coaching and Mentoring Videos

The
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Consortium

Coaching

Series 1

- Coaching Benefit for Managers
- What is Coaching?
- What Coaching Looks Like
- The Difference Between Coaching and Mentoring
- GROW Coaching Model

Series 2

- The Coaching Relationship
- How to be a Great Coach
- Coaching Questions
- Giving Feedback
- Balancing Organisational and Coachee Needs

Mentoring

Series 1

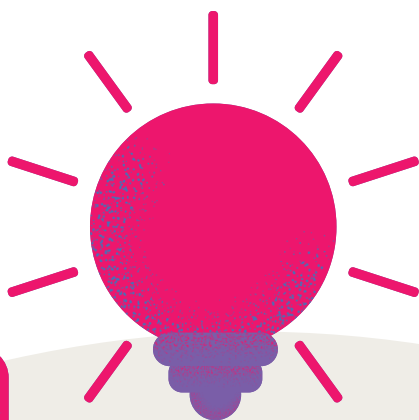
- Coaching vs Mentoring vs Training vs Counselling
- What is Mentoring?
- What Mentoring Looks Like
- Benefits for Individuals
- Mentoring Charities
- Models for Mentoring

Series 2

- Types of Mentoring
- What Makes a Good Mentor
- What Makes a Good Mentee
- The Mentoring Relationship
- Feedback in Mentoring
- Safe Space for Mentoring

Series 3

- Purposeful Path: Setting Clear Objects Together
- Effective Communication : More Than Just Words
- Ethics in Mentoring: Upholding Integrity and Trust
- Mentoring in the Digital Age: Managing Technology and Change
- Overcoming Barriers to Effective Mentoring
- Measuring Mentoring Success



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